

# Adolescent, Caregiver, and Community Experiences with a Gender Transformative, Social-Emotional Learning Intervention

Evaluating a Gender Transformative, Social-Emotional Learning Intervention for Very Young Adolescents (VYAs) in Dar es Salaam, Tanzania

[Read the full study here](#)

Reference Citation: Cherewick et al. 2021



## Objective

To evaluate the impact of a gender transformative, social-emotional learning intervention on very young adolescents (VYAs) in Dar es Salaam, Tanzania.



## Participants

**Number:** 279 very young adolescents (VYAs)  
**Location:** Dar es Salaam, Tanzania



## Methodology

**Type:**  
Qualitative Study

**Procedure:**  
Data collection through in-depth interviews, focus groups, and participant observations.

Grounded theory approach to identify key themes.



## Assessment

**Measured Outcomes:**

- **Social-emotional mindsets and skills**
- **Gender norms, beliefs, and behaviors**

**Data Collection Methods:**

- In-depth interviews with VYAs
- Focus groups and interviews with parents and caregivers
- Participant observations



## Results - Improvements in Measured Areas:

**Social-Emotional Development:** Participants reported enhanced social-emotional mindsets and skills.

**Gender Norms:** Observed shifts in gender norms, beliefs, and behaviors, especially through experiential learning in mixed-gender teams.

**Community Impact:** Positive changes noted in homes, communities, and peer interactions.



## Conclusion

1. The intervention **successfully transformed gender norms during early adolescence.**
2. **Peer, caregiver, and community involvement were crucial to the learning process.**
3. **Significance:** This study emphasizes the value of integrating gender transformative content with social-emotional learning to foster gender equity.



### Curious to learn more?

Visit our [website](http://www.ubongo.org): [www.ubongo.org](http://www.ubongo.org)

Email us: [partnerships@ubongo.org](mailto:partnerships@ubongo.org).

### Other ways to support:

Donate to [Ubongo](http://www.ubongo.org/donate): [www.ubongo.org/donate](http://www.ubongo.org/donate)

Download and Distribute Our Educational Resources for FREE:  
[toolkits.ubongo.org](http://toolkits.ubongo.org)